

Junior Preliminary Skills Evaluation. Please have this form completed by a qualified swimming coach/teacher or pool lifeguard and submit it when registering your child for nippers. In accordance with SLSV requirements Under 7 nippers are not required. **IMPORTANT:** • EACH child needs to have this form completed (ie. **Please do not put 2 family members on the one form**). • **Nippers CANNOT** participate in water activities unless this form has been completed and returned to the club .

\_\_\_\_\_ (Nipper name) from the MLSC has completed the following swim and survival float for their age group.

Age Group	Preliminary Assessment (Pool or open water)	Competition Skills Evaluation (Surf/open water)	Junior Development Program Award
Under 8	25 metre swim (any stroke) 1 minute survival float	Not required (no water competition, except for wade which takes place in waist deep water)	Surf Aware One
Under 9	25 metre swim (any stroke) 1 minute survival float	150m open water swim within 12 minutes	Surf Aware Two
Under 10	25 metre swim (freestyle/front crawl) 1 1/2 minutes survival float	150m open water swim within 11 minutes	Surf Safe One
Under 11	50 metre swim (freestyle/front crawl) 2 minutes survival float	288m open water swim within 12 minutes	Surf Safe Two
Under 12	100 metre swim (freestyle/front crawl) 2 minutes survival float	288m open water swim within 10 minutes	Surf Smart One
Under 13	150 metre swim (freestyle/front crawl) 3 minutes survival float	288m open water swim within 9 minutes	Surf Smart Two
Under 14	200 metre swim (freestyle/front crawl within 5 minutes) 3 minutes survival float	288m open water swim within 9 minutes	Surf Rescue Certificate
Assessors	Accredited Coach, Accredited Official, Training Officer (SRC/Bronze), Assessor (SRC/Bronze), Age Manager or Chief Instructor, Swimming instructor.		

Name: \_\_\_\_\_

Position: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_